Women's Paddling Weekend 2014!

Hi Everybody,



It is time for us to head north to join new friends and old to paddle down a majestic Michigan river. Come soak up the sunshine, float on sparkling water, paddle a river, and

enjoy the beautiful surroundings. We will talk, share stories, and laugh our way together down the river. If you are a first timer we promise to gently guide you along and before you know it you will be real paddlers! We will be taking the beginner kayaks that are easy to use.

We keep the price very low on this trip by all pitching in to help prepare meals, carry the boats, and clean up. We find a cabin that is rustic and campy! We share the kitchen and bathrooms with our tent sleepers and hammock sleepers. We also take our own kayaks from camp and our old camp van to reduce the cost.

We will be staying near the Indian River below Munising south of Wetmore. Although this is a camping trip... we have reserved a cabin at the White Fawn Lodge in Wetmore, MI. Think of the cabin as our bunkhouse. There is limited inside sleeping space so reserve early!



Besides the option of sleeping in the cabin, you can sleep in a tent or hammock right outside or over at separate campsite in the nearby Widewaters Campground on the

Indian River. Let us know what you prefer. You can try several sleeping options during the trip if you like!

We will choose the paddling schedule and locations on Thursday night when we arrive at the cabin according to the weather and the skill level of the group.

Travel Up Options:

- You can meet us at the White Fawn Cabin on Thursday, it is easy to get to.
- Ride in the camp van which will leave camp at 6:30 a.m. on Thursday.

 (You can come up Wed. night to camp if you wish) (The camp van is not a fancy vehicle but it gets us where we are going!
- Meet the van as we go through Saginaw Michigan and follow along.
- We can also help you get together carpools if you like!

Travel Down Options:

- Leave early on Sunday and travel straight back to Camp Cavell.
- Leave the U.P. on Saturday and stopping at Meg's Cabin in Gaylord just off I-75 on Saturday night, then traveling on down to camp on Sunday if we would like.

Camp staff will bring the kayaks, paddles, hammocks, and food, you just bring your personal gear. If you need to borrow a tent let us know. If you are brining your own kayak, life preserver etc. please let us know and we will pack less.

We will be exploring several small lakes in the area and taking a trip down the Indian River as well. If there is time we can spend time at sand point in Munsing or take a ferry to Grand Island.



There is an incredible area with bog plants such as pitcher plants we can explore. We have seen beaver, eagles, heron, and mink on the river.



Included in this packet is a list of what to bring, directions and the emergency phone numbers for this trip. Please call with questions. It is important to have water bottle, rain gear, a hat, and river

shoes that stay on your feet in moving water to go on the river!

It also helps to have a small pack or draw-sting bag to keep with you in the Kayak to keep your camera, snacks, sunblock etc. Put those items in freezer double lock ziplock bags. Everyone should be prepared for COLD weather at night!

We ask everyone to bring an item to add to our trail mix "bar" to share with others. Fill a bag with the goodies you like in your trail mix for your river snack. We will be brining lemonade, coffee and tea. Please bring your own pop or other beverage.

Camp Cavell supplies the food but we are asking each group of friends to sponsor a meal. They choose what it will be, give camp a shopping list (within reason:) and prepare and clean up the meal. We will let you know which ones are available to sponsor yet... Just contact Jill.

If you are bringing other food to share let me know so I will take it off my list! Also if you have a special diet need let us know.

We are looking forward to seeing you!

There is more information and another list of what to bring on the website at:

http://www.campcavell.org

See you soon! Jill

CONTACT INFORMATION:

Jill Laidlaw, Camp Executive Director

Camp Cavell, 3335 Lakeshore, Lexington, MI 48450 Camp Cavell: 810-359-2267 Fax: 810-359-2430

Jill Cell: 313-378-0669

IF YOU CAN'T REACH US WHEN WE GET UP

NORTH... Leave messages with our Camp Business Manager Marian: 810-705-6219 and we will contact her each day.

Email: cavell@campcavell.org

Jeanne: 313-378-0885

White Fawn Lodge

N1871 Federal Forest Highway 13, Wetmore, MI

If your GPS <u>cannot find this address</u> just put in Wetmore Michigan then use the enclosed map from there.

info@whitefawn.com | George at 906-573-2999

Forest Glen General Store

7445 National Forest Development Road 13, MI 49895 (906) 573-2655

There is a <u>pay phone</u> at the General Store and <u>WIFI</u>.

CAMP GROUND WE WILL BE LAUNCHING KAYAKS FROM AND WE HAVE A CAMPSITE AT:

Wide Waters Campground

http://www.recreation.gov/camping/widewaters-campground/r/campgroundDetails.do?contractCode=NRSO&parkId=93468

OTHER THINGS TO DO IN AREA.....

Sand Point in Munising

http://www.nps.gov/piro/parknews/sand-point-beach.htm

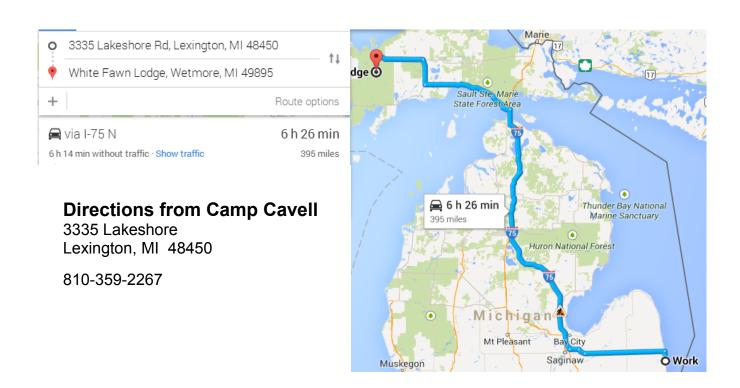
Directions to White Fawn Lodge

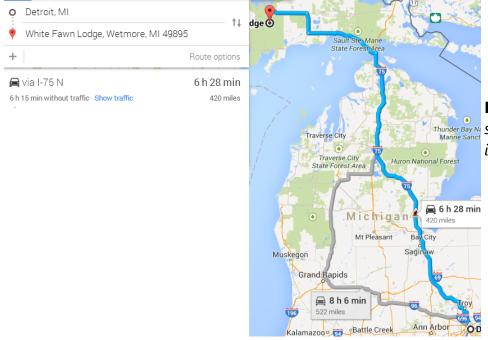
It is really pretty easy to get to but I wanted to give you lots of detail!

(Take this map because your phone will probably lose its signal and your GPS will quit working)

White Fawn Lodge, N1871 Federal Forest Highway 13, Wetmore, MI

If your GPS cannot find this address just put in Wetmore Michigan then use this map from there.





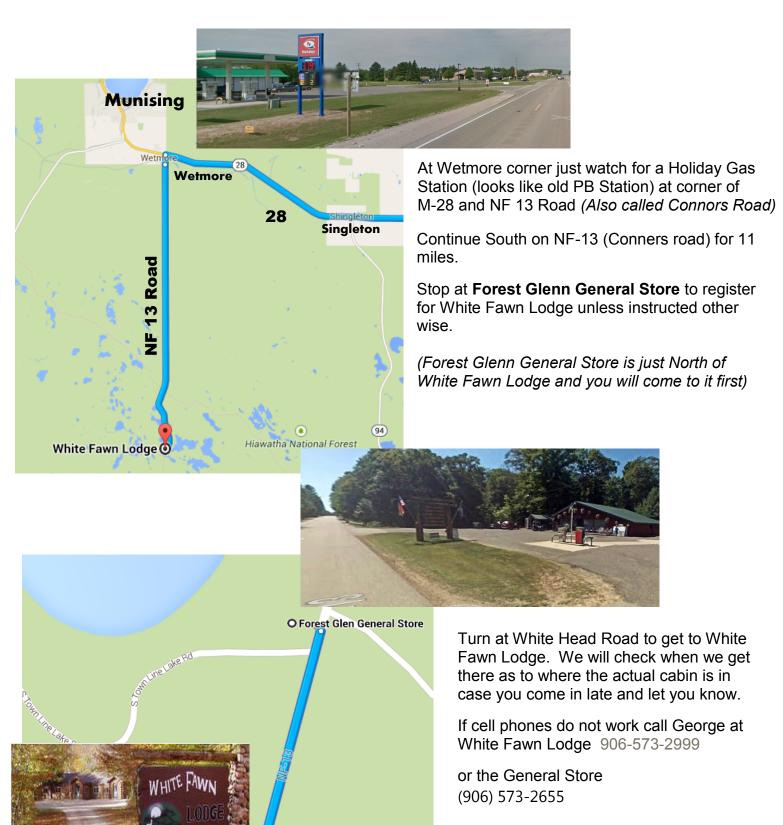
Directions from Detroit (about the same length of time to get there as it is from camp)

Once you get near Munising...

White Fawn Lodge White Head Road

\rfloor 1 min

watch for a community called Wetmore and Connors Road (NF-13)



Camp Cavell

CANOE TRIP EQUIPMENT LIST:

Plan on lots of water to drink, must have

WARM JACKET / SWEATER	POCKET KNIFE optional
SWEATSHIRTS (2)	CAMERA, FILM (WATERPROOF BAG / BAGGY)
PANTS/ Shorts (It can get cool)	FIELD GLASSES (IF DESIRED)
T-SHIRTS	FLASHLIGHT, X-BATTERIES
UNDERWEAR, X-SOCKS	LAWN CHAIR / SMALL FOLDING CHAIR
TOWEL, WASHCLOTH	SODA POP or other refreshments (if desired)
TOILETRIES	 SNACK TO SHARE WITH GROUP or just bring an item to add to our trail mix (dried fruit, nuts, seeds) HOT WATER BOTTLE if cold weather predicted to slip in your sleeping bag ZIPLOCK BAGS (FREEZER TYPE BEST) for camera, hat, snacks, cell phone etc.
BATHING SUIT	
(bring two in case you decide to get one wet you will have a dry one for the next day!)	
WATER / BEACH SHOES (need to be shoes that will stay on in current not flip flops)	
LIP BALM	
SUNGLASSES	
HAT	
(WITH STRING & SAFETY PIN TO ATTACH TO COLLAR)	
BANDANA	
GLOVES optional (FOR PADDLING)	
SUNSCREEN / BUG STUFF	
EXTRA EYEGLASSES	
GYM / WALKING SHOES (FOR ON SHORE)	
SPECIAL MEDICATIONS (IF ANY)	
SLEEPING BAG / BLANKETS	
DAY PACK (FOR IN CANOE) or some zip up bag for camera, snacks, sunscreen etc.	
SLEEPING PAD / MAT You may want a blow up mattress	
WATER BOTTLE OR CANTEEN	